

MOD5-MW340- Postpartum Basic Skills

1. Which of the following describes when the placenta is delivered with the fetal side presenting first?
 - a. Duncan Mechanism
 - b. Ritgen Maneuver
 - c. Leopold's maneuver
 - d. Schultz Mechanism
2. Which of the following time intervals from the birth of the baby is considered a reasonable amount of time to wait for spontaneous delivery of the placenta if maternal vital signs are stable and there is no bleeding?
 - a. 15 minutes
 - b. 25 minutes
 - c. 1 hours
 - d. 4 hours
3. Which of the following is the appropriate first step to resolving an inverted uterus with the placenta still attached?
 - a. Administer oxytocic drugs
 - b. Replace the uterus without removing the placenta
 - c. Remove the placenta
 - d. Transport to the nearest hospital
4. The third stage approach that is characterized by waiting for the placenta to be delivered spontaneously with maternal effort, the cord is left intact until it has stopped pulsing, and without the prophylactic use of oxytocic drugs is best described as what?
 - a. Active management
 - b. Expectant management
 - c. Aggressive management
 - d. Natural management
5. During the manual removal of a placenta what tool is used to attempt extraction of the placenta?
 - a. Forceps
 - b. A vacuum suction
 - c. A suction catheter
 - d. The hand
6. When is the best time to use fundal massage to encourage the uterus to contract postpartum?
 - a. Before the placenta is born if there is no bleeding
 - b. After the placenta is born if the uterus is boggy or there is bleeding
 - c. During vigorous cord traction to prevent uterine inversion
 - d. After the placenta is born if the uterus is firm and there is no bleeding

7. What type of hygiene precautions should be taken when cutting the umbilical cord?
 - a. The cord should be clamped on the neonatal side and cut with a sterile instrument
 - b. The cord should be clamped on the maternal side and cut with a sterile instrument
 - c. Cord cutting should be conducting using complete sterile technique, including gloves, instruments and sterile field.
 - d. It is not necessary to use sterile technique when cutting the cord and non-sterile gloves, instruments and field are sufficient.

8. What is the minimum amount of blood loss that is considered a hemorrhage postpartum?
 - a. 500cc
 - b. 250cc
 - c. 750cc
 - d. 1000cc

9. Which of the following causes of postpartum bleeding is LEAST likely to be resolved with oxytocic drug therapy?
 - a. Uterine atony
 - b. Partial separation of the placenta
 - c. Retained placenta with placenta accreta
 - d. Distended uterus

10. Which of the following describe the hygiene procedures that are best used when suturing the perineum postpartum?
 - a. Sterile technique should be observed including sterile gloves, instruments, gauze and field.
 - b. Normal aseptic technique should be observed, the use of sterile field and gloves is not necessary.
 - c. The area should be cleaned with betadine and betadine solution should be used to rinse all instruments before use in suturing
 - d. The perineum should be washed gently with soap and water before and after suturing occurs.